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# EnLITEnment

Please send your feedback to Ms Anuradha N, Editor, Lecturer, Vision screening coordinator



Optometrists examining school students during single day mass vision screening

## VISION SCREENING- A ONE DAY FEAT!

150 - OPTOMETRISTS, 8 hours - SINGLE DAY, 10000 – STUDENTS

OCTOBER 8, 2010

ONE AIM. ONE NOTION. ONE VISION.

For those who assembled at the corridor of ESO, it was not just another day because all of us had a common thought running in the mind – We should complete vision screening for 10000 children!! 150 optometrists went as 20 teams to 51 schools of the Chennai Corporation to render their service!

It was not a mere completion of the target set, but a four phased systematic protocol of professional primary eye care service. All the optometrists were filled with enormous zeal which kept the overall coordinator running at her toes to quench their thirst of providing service.

It was an emotional moment when 615 children were diagnosed to have defective vision for the first time and the smile in the face of the students who could understand that they have the ability to see well!!! This smile brought us immense happiness and more thirst to provide such services to the community.

The day was over....., hands were painful, neck was aching but our heart and mind were overflowing with the immense satisfaction and joy of screening not just

**10000, BUT 12448 CHILDREN!!!!!!!**

# Children's VISION ESO's MISSION

Vision screening camps happen almost every where. But when ESO started the expedition of rendering their services to the Chennai corporation school they had few aims:



Vision Screening In Progress



Distribution of glasses to the school children

- ★ Reaching out to the deserving population- particularly children (WHO recommends vision screening for 5-11 year old children for early diagnosis of vision problems.)
- ★ Provision of glasses to all those who need, immediately. Free consultation for problems other than refractive errors
- ★ Vision screening at their door step

which were well achieved when ESO completed the vision screening of the Chennai Corporation Primary Schools children in all the 10 zones covering 18845 children in 148 schools within six months time. Glasses were also distributed immediately. Such activities will definitely reduce the burden of avoidable blindness significantly.

## Letter from MCC school, Tambaram where ESO's team conducted vision screening...

Thank you very much for screening the vision for all the children in our school. We were surprised to see that several of our children needed glasses and because of your teams diagnosis they will soon be able to see clearly. The family of student (X) thanks you immensely for the timely diagnosis. She had her eyes examined and was advised laser treatment. Other children with referral will soon contact Sankara Nethralaya. From the school, we thank you immensely. Looking forward to having you next year.



Very happy after wearing glasses..



## All India Optometry Conference 2011

All India Optometry Conference (AIOC) is being organised by Indian Optometry Association every year which paves way for Indian optometrists to share their knowledge on basic science and advancements in various speciality areas in optometry. 35th AIOC was held at Birla Auditorium, Jaipur, Rajasthan on 28th-30th January 2011 in which 9 papers and 11 posters were presented by a team of twenty (optometrists, faculty, post graduate and under graduate students of ESO) under the guidance of Dr. R. Krishna Kumar, Principal, ESO.



## First Indian Optometrist to receive FCOVD

Ms Jameel Rizwana (Currently Faculty, ESO, Optometrist in Binocular Vision clinic, Sankara Nethralaya and ESO Alumnus) successfully completed her Fellowship examination conducted by College of Optometry in Vision Development (COVD), Puerto Rico, US. She is the first Indian optometrist to complete this fellowship.



## ESO won the quiz competition

Once again ELITE SCHOOL OF OPTOMETRY has won a quiz competition and this time it's the General Quiz Competition held on 24th February '11 by Lions Club of Central Madras at the V D Swamy auditorium, Sankara Nethralaya. The competition had 14 teams comprising 2 in a team.

Our team members were Kabilan P (Ph.D.) and Abhay D Shah (B.S.Opt). Out of the six teams which got selected for the finals ESO won. The competition was a neck to neck fight and the quiz was relatively tough for all the teams. The teams were from various fields including medical, engineering, commerce, and IT.

# Discover the Eminence of Optometry!

Ms Sheela Evangeline-Post Graduate Student

Career...

“ A Journey of a hundred thousand miles, A Wise decision would decorate it with smiles”  
The question, “What career are you going to choose?” is most commonly encountered by young minds of this century, who are free to explore a variety of fields and choose their career. It is often a difficult task to resolve the conflict between different study options – be it medical, paramedical, allied health science, engineering or arts. It takes a lot of courage or futuristic vision to decide on which of these would enlighten with a bright future. What youth desires after graduation is immediate job placement or scope for further studies. A career should provide satisfaction, opportunities to explore and improve knowledge and of course be lucrative. Can you just imagine a profession – dignified, involving patient care and satisfaction with loads of opportunity for up-gradation of knowledge and skill and also lucrative? Undoubtedly it is ‘**Optometry**’ – The Profession you dream of!

Optometry is a primary eye care profession. B.S. in Optometry is a 4 year professional degree programme specializing in refraction, binocular vision, diagnosing ocular diseases, low vision, contact lens and scientific dispensing.

What could you do after completing Optometry graduation?

- Pursue higher studies (M S/ M Phil/ Ph D/ OD) – India or Abroad
- Be an Academician, Be a Vision Scientist, Set up your own Optometry Eye Clinic
- Work in hospitals, Work in corporate / MNC- eye care industry

With handful of goodness and prosperity, Optometry reaches out its hand! Seize and Cherish!  
Application for B. S. Optometry will be available in the college's website from the last week of April 2011.

**If you would like to Sponsor**

For a vision screening  
For Amblyopia (lazy eye) Research  
For the optometry student welfare fund

**Schools which need free  
vision screening**

Eye care awareness lecture

**For a career after +2..  
Optometry- the right choice**

**CONTACT ESO**



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